

Romans 5 God's love is a free gift. (21 verses)

1) Faith in Jesus transfers His righteousness to us.

v. 1 **Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, 2 through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God.**¹

2) Godly trials progressively lead us to maturity and hope.

v. 3 Not only so, but **we also glory in our sufferings, because we know that suffering produces perseverance; 4 perseverance, character; and character, hope. 5 And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.**

3) Jesus died for (*for the benefit of, on behalf of, instead of*) us.

v. 6 You see, at just the right time, when we were still powerless, **Christ died for (*for the benefit of, on behalf of, instead of*) the ungodly.**

v. 7 Very rarely will anyone die **for (*for the benefit of, on behalf of, instead of*)** a righteous person, though **for (*for the benefit of, on behalf of, instead of*)** a good person someone might possibly dare to die.

v. 8 God demonstrates his own love **for (*for the benefit of, on behalf of, instead of*)** us in this: **While we were still sinners, Christ died for (*for the benefit of, on behalf of, instead of*) us.**

4) God loved us when we were still sinners and He reconciled us to Himself.

v. 9 Since we have now been justified by his blood, how much more shall we be **saved from God's wrath through him! 10 For if, while we were God's enemies, we were reconciled to him through the death of his Son, how much more, having been reconciled, shall we be saved through his life! 11 Not only is this so, but we also boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.**

5) Original Sin: Adam brought all men, Jew and Gentile under sin.

v. 12 Therefore, **just as sin entered the world through one man (*Adam*), and death through sin, and in this way death came to all people, because all sinned— 13 To be sure, sin was in the world before the law was given, but sin is not charged against anyone's account where there is no law.**

6) Jesus brought humanity God's free gift of salvation.

v. 14 Nevertheless, **death reigned** from the time of **Adam** to the time of Moses, **even over those who did not sin by breaking a command, as did Adam, who is a pattern of**

¹ All scripture is quoted from the NIV unless clearly marked with standard abbreviations.

the one to come. 15 But **the gift** is not like the trespass. For if the many died by the trespass of the one man, **how much more did God's grace** and **the gift** that came by the grace of the one man, **Jesus Christ, overflow to the many!**

7) Sin brought our condemnation, but God's gift brought our justification.

v. 16 **Nor can the gift of God be compared with the result of one man's sin:** The judgment followed one sin and **brought condemnation**, but **the gift followed many trespasses and brought justification.**

8) Jesus is the second Adam. Adam = Death & Jesus = Life

v. 17 For if, by the trespass of **the one man (Adam)**, **death** reigned through that one man, **how much more will those who receive God's abundant provision of grace** and **of the gift** of righteousness reign in **life through** the one man, **Jesus Christ** 18 Consequently, just as **one trespass resulted in condemnation for all people**, so also one righteous act resulted in **justification and life for all people**. 19 For just as through the disobedience of **the one man (Adam)** the many were made sinners, so also **through the obedience of the one man the many will be made righteous.**

9) Even though the awareness of sin increased, God's grace increased more.

v. 20 The law was brought in so that the trespass might increase. But **where sin increased, grace increased all the more**, 21 so that, **just as sin reigned in death**, so also **grace might reign through righteousness to bring eternal life through Jesus Christ our Lord.**

Romans 6 God's Grace delivers us from sin. (23 verses)

1) When we recognize God's grace, are we free to sin more?

v. 1 What shall we say, then? **Shall we go on sinning so that grace may increase** 2 **By no means!** We are those who have died to sin; how can we live in it any longer?

2) We are dead, buried and resurrected with Jesus in baptism.

v. 3 Or don't you know that **all of us who were baptized into Christ Jesus were baptized into his death?** 4 We were therefore **buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.** 5 For if we have been united with him in a death like his, we will certainly also be united with him in a resurrection like his.

v. 3 Or have you forgotten that **all of us who were immersed into union with Jesus, the Anointed One, were immersed into union with his death?** 4 Sharing in his death by **our baptism means that we were co-buried and entombed with him**, so that when the Father's glory raised Christ from the dead, we were also raised with him. **We have been co-resurrected with him so that we could be empowered to walk in the freshness of new life.** 5 For since we are permanently grafted into him to experience a death like his, then we are permanently grafted into him to experience a resurrection like his and the new life that it imparts. TPT

3) Death has no power over Jesus and because of Him, it has none over us.

v. 6 For we know that **our old self (*Adam*)** was crucified with him so that **the body ruled by sin might be done away with, that we should no longer be slaves to sin**—7 because anyone who has died has been set free from sin. 8 **Now if we died with Christ, we believe that we will also live with him.** 9 For we know that since Christ was raised from the dead, he cannot die again; death no longer has mastery over him.

4) The Spirit's resurrection power of Jesus' life rests in you too.

v. 10 **The death he died, he died to sin once for all;** but the life he lives, he lives to God. 11 **In the same way, count yourselves dead to sin** but alive to God in **Christ Jesus.**

5) Don't let yourself be ruled by the evil impulses of your old nature.

v. 12 **Therefore do not let sin reign in your mortal body** so that you obey its evil desires. 13 Do not offer any part of yourself to sin as an instrument of wickedness, but rather **offer yourselves to God as those who have been brought from death to life; and offer every part of yourself to him as an instrument of righteousness.** 14 **For sin shall no longer be your master,** because you are not under the law, but **under grace.**

6) Grace is your master, not sin. This wording looks back to slavery in Egypt.

v. 15 What then? **Shall we sin because we are not under the law but under grace? By no means!** 16 **Don't you know that when you offer yourselves to someone as obedient slaves, you are slaves of the one you obey—whether you are slaves to sin, which leads to death, or to obedience, which leads to righteousness?** 17 But thanks be to God that, though **you used to be slaves to sin,** you have come to obey from your heart the pattern of teaching that has now claimed your allegiance.

7) We are slaves to righteousness, not slaves to sin.

v. 18 **You have been set free from sin** and have become **slaves to righteousness.** 19 I am using an example from everyday life because of your human limitations. **Just as you used to offer yourselves as slaves to impurity and to ever-increasing wickedness, so now offer yourselves as slaves to righteousness leading to holiness.** 20 When you were slaves to sin, you were free from the control of righteousness. 21 What benefit did you reap at that time from the things you are now ashamed of? Those things result in death! 22 **But now that you have been set free from sin and have become slaves of God, the benefit you reap leads to holiness, and the result is eternal life.**

8) Adam's sin brought death, but Jesus's victory brings eternal life.

v. 23 **For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.**

Romans 7 Death released us from the Law. (25 verses)

1) We are released from the Law by the power of resurrection in the Holy Spirit.

v. 1 Do you not know, **brothers and sisters—for I am speaking to those who know the law**—that the law has authority over someone only as long as that person lives?

v. 1 I write to you, dear **brothers and sisters, who are familiar with the law**. Don't you know that **when a person dies, it ends his obligation to the law**? TPT

2) Jesus is now our spiritual Husband and we are the Bride of Christ.

v. 2 For example, **by law a married woman is bound to her husband as long as he is alive, but if her husband dies, she is released from the law that binds her to him**. 3 So then, if she has sexual relations with another man while her husband is still alive, she is called an adulteress. **But if her husband dies, she is released from that law** and is not an adulteress if she marries another man. 4 So, my brothers and sisters, **you also died to the law through the body of Christ, that you might belong to another, to him who was raised from the dead**, in order that we might bear fruit for God. 5 For when we were in the realm of the flesh, the sinful passions aroused by the law were at work in us, so that we bore fruit for death. 6 But now, by dying to what once bound us, **we have been released from the law so that we serve in the new way of the Spirit, and not in the old way of the written code**.

v. 2 For example, **a married couple is bound by the law to remain together until separated by death. But when one spouse dies, the other is released from the law of the marriage**. 3 So then if a wife is joined to another man while still married, she commits adultery. **But if her husband dies, she is obviously free from the marriage contract and may marry another man without being charged with adultery**. 4 So, **my dear brothers and sisters, the same principle applies to your relationship with God. For you died to your first husband, the law, by being co-crucified with the body of the Messiah. So you are now free to “marry” another—the one who was raised from the dead** so that you may now bear spiritual fruit for God. 5 When we were merely living natural lives, the law, through defining sin, actually awakened sinful desires within us, which resulted in bearing the fruit of death. 6 But **now that we have been fully released from the power of the law, we are dead to what once controlled us**. And our lives are no longer motivated by the obsolete way of following the written code, so that now we may serve God by living in the freshness of a new life in **the power of the Holy Spirit**. TPT

3) The Law was impossible to keep by human effort, but it taught us God's ways.

v. 7 What shall we say, then? **Is the law sinful? Certainly not! Nevertheless, I would not have known what sin was had it not been for the law**. For I would not have known what coveting really was if the law had not said, **"You shall not covet."** 8 But sin, seizing the opportunity afforded by the commandment, produced in me every kind of coveting. For apart from the law, sin was dead.

4) The struggle against sin cannot be won solely by our own effort.

v. 14 **We know that the law is spiritual; but I am unspiritual**, sold as a slave to sin. 15 I do not understand what I do. **For what I want to do I do not do, but what I hate I do.** 16 And if I do what I do not want to do, I agree that the law is good. 17 As it is, it is no longer I myself who do it, but it is sin living in me. 18a For I know that good itself does not dwell in me, that is, in my sinful nature.

2) Paul said that saved humans continue to contend with two natures.

v. 18b. For I have the desire to do what is good, but I cannot carry it out. 19 For **I do not do the good I want to do, but the evil I do not want to do—this I keep on doing.** 20 Now if I do what I do not want to do, it is no longer I who do it, but it is sin living in me that does it.

3) The Inner Man/New Creation vs The Outer Man/Old Creation

v. 21 So I find this law at work: **Although I want to do good**, evil is right there with me. 22 For in **my inner being** I delight in God's law; 23 but I see another law at work in me, waging war against the law of my **mind** and making me a prisoner of the law of sin at work within me. 24 What a wretched man I am! Who will rescue me from this body that is subject to death? 25 **Thanks be to God, who delivers me through Jesus Christ** our Lord! So then, I myself in my **mind** am a slave to God's law, but in my sinful nature a slave to the law of sin.

v. 21 I find then a law, that, **when I would do good, evil is present with me.** 22 For I delight in the law of God after **the inward man**: 23 But I see another law in my members, warring against the law of my **mind (inner man)**, and bringing me into captivity to **the law of sin which is in my members.** 24 **O wretched man that I am!** Who shall deliver me from the body of this death? 25 I thank God through Jesus Christ our Lord. So then with the **mind (inner man)** I myself serve the law of God; but with **the flesh the law of sin.** KJV

Religion is for the Outer Man

Seeks Life Expectancy.
Seeks pleasure and comfort.
Concerned about My Reputation.
Goes to Church.
Knows about God.
Makes a good outward appearance.
Sings Songs about God.
Values worldly things.
Led by the desires of the flesh.

Jesus is for the Inner Man

Seeks Eternal Life and Transformation.
Seeks the will of God.
Concerned about God's Reputation.
Spends time with God.
Knows God.
Cleans the Inward parts of the heart.
Sings songs to God.
Values eternal things.
Led by the Holy Spirit.

Romans 8 Living in the Holy Spirit. (39 verses)

Note: Holy Spirit is mentioned 19 times in this chapter.

1) In Jesus we are governed by the Law of the Holy Spirit, not the Law of sin.

Rom 8:1 Therefore, there is **now no condemnation for those who are in Christ Jesus**,
2 because **through Christ Jesus the law of the Spirit** who gives life has set you free
from **the law of sin and death**.

“The Law of Sin and Death” = Flesh/Adamic Nature

“The Law of the Spirit” = Spirit/Jesus Christ

2) Jesus met the requirements of the Law for us, so we can live in the Spirit.

v. 3 For **what the law was powerless to do because it was weakened by the flesh**,
God did by sending his own Son in the likeness of sinful flesh to be a sin offering.
And so he condemned sin in the flesh, 4 in order that the righteous requirement of
the law might be fully met in us, who do not live according to the flesh but
according to the Spirit.

3) Humanity is divided into two groups, those living by the flesh or by the Spirit.

v. 5 **Those who live according to the flesh** have their minds set on what the flesh
desires; but **those who live in accordance with the Spirit** have their minds set on what
the Spirit desires. 6 The mind governed by the **flesh is death**, but the mind governed by
the Spirit is life and peace. 7 **The mind governed by the flesh is hostile to God; it
does not submit to God's law, nor can it do so.** 8 Those who are in the realm of the
flesh cannot please God.

4) In the Holy Spirit, we are no longer controlled by our old Adamic nature.

v. 9 You, however, are not in the realm of the flesh but are in the realm of the Spirit, if
indeed the Spirit of God lives in you. And **if anyone does not have the Spirit of
Christ**, they do not belong to Christ. 10 But if Christ is in you, then even though your
body is subject to death because of sin, the Spirit gives life because of righteousness.

5) Holy Spirit is credited with responsibility for our future resurrection.

v. 11 And if the Spirit of him who raised Jesus from the dead is living in you, **he who
raised Christ from the dead will also give life to your mortal bodies** because of his
Spirit who lives in you.

6) As God's children, we are obligated to live by the Spirit.

v. 12 Therefore, **brothers and sisters, we have an obligation**—but it is not to the flesh,
to live according to it. 13 For if you live according to the flesh, you will die; but **if by
the Spirit** you put to death the misdeeds of the body, you will live.

7) Those who are led by the Holy Spirit are God's children.

v. 14 For **those who are led by the Spirit of God are the children of God**. 15 The **Spirit** you received does not make you slaves, so that you live in fear again; rather, the **Spirit** you received brought about your adoption to sonship. And by him we cry, "**Abba, Father.**"

8) Holy Spirit testifies to everyone who is a son of God.

v. 16 **The Spirit himself testifies with our spirit that we are God's children**. 17 Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.

Story: John Wesley

John Wesley, 25 January 1736 Storm at Sea

Spangenburg, February of 1736

May 24, 1738 Introduction to Romans by Luther, "The righteous will live by faith."

9) Creation itself has a vested interest in Holy Spirit's redemptive plans.

v. 18 I consider that our present sufferings are not worth comparing with the glory that will be revealed in us. 19 **For the creation waits in eager expectation for the children of God to be revealed**. 20 For the **creation was subjected to frustration**, not by its own choice, but by the will of the one who subjected it, in hope 21 that the **creation itself will be liberated** from its bondage to decay and brought into the freedom and glory of **the children of God**.

10) The groans of creation remind us of the groans of Israel in Egypt.

v. 22 **We know that the whole creation has been groaning** as in the pains of childbirth right up to the present time.

Exodus 2:23b The Israelites **groaned** in their **slavery** and cried out, and their cry for help because of their slavery went up to God. 24 God heard their **groaning** and he remembered his covenant with Abraham, with Isaac and with Jacob.

11) We have received the first measure of the Holy Spirit, toward the fullness.

v. 23 Not only so, but we ourselves, who have **the firstfruits of the Spirit**, **groan inwardly as we wait eagerly for our adoption to sonship**, the redemption of our bodies. 24 For **in this hope we were saved**. But hope that is seen is no hope at all. Who hopes for what they already have? 25 But if **we hope for what we do not yet have**, we wait for it patiently.

v. 23 And **it's not just creation**. We who have already experienced the firstfruits of the **Spirit** also inwardly **groan as we passionately long to experience our full status as God's sons and daughters**—including our physical bodies being transformed. TPT

12) Holy Spirit makes intercession for us with groans.

v. 26 In the same way, the **Spirit** helps us in our weakness. We do not know what we ought to pray for, but **the Spirit himself intercedes for us** through wordless **groans**. 27 And he who searches our hearts knows the mind of the **Spirit**, because **the Spirit intercedes for God's people** in accordance with the will of God.

13) All things work “together” for our good, even though some aren’t good.

v. 28 And we know that in **all things God works for the good of those who love him, who have been called according to his purpose.**

14) Predestination and God’s foreknowledge don’t negate our free will.

v. 29 For **those God foreknew he also predestined to be conformed to the image of his Son, that he might be the firstborn among many brothers and sisters**. 30 And **those he predestined**, he also called; those he called, he also justified; **those he justified**, he also glorified.

15) Another precious promise from the Lord.

v. 31 What, then, shall we say in response to these things? **If God is for us, who can be against us?**

16) Through Jesus, we have an advocate before the heavenly court.

v. 32 He who did not spare his own Son, but gave him up for us all—how will he not also, along with him, graciously give us all things? 33 **Who will bring any charge against those whom God has chosen? It is God who justifies**. 34 Who then is the one who condemns? No one. **Christ Jesus** who died—more than that, who was raised to life—is **at the right hand of God and is also interceding for us**.

17) In Jesus we are secure and victorious.

v. 35 **Who shall separate us from the love of Christ?** Shall trouble or hardship or persecution or famine or nakedness or danger or sword? 36 As it is written: "For your sake we face death all day long; we are considered as sheep to be slaughtered." 37 **No, in all these things we are more than conquerors through him who loved us**. 38 **For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, 39 neither height nor depth, nor anything else in all creation, will be able to separate us from the love of God that is in Christ Jesus our Lord.**